

# Engage & Prosper

## Unlock every employee's full potential with proven Neuroscience techniques

Start coaching resilience and watch as your  
team and business reap the rewards

- ✓ Improve job satisfaction and engagement scores.
- ✓ Reduce stress and have a positive impact on people's mental wellbeing.
- ✓ Decrease turnover intention and reduce recruitment costs.
- ✓ Improve productivity and boost people's capacity for higher performance.



With expert coaching  
plans available for  
**Individuals, teams or  
large groups**



# What our transformational coaching will unlock

Once you discover the possibilities of increased resilience in the workplace, you'll never look back. Our forward-thinking coaches deliver programmes designed for the modern workforce, which will promote the following:

- **Identification of major insights** that pinpoint what is holding people back from achieving their full potential at work.
- **Teaching participants the knowledge and tools** needed to optimise their personal brain/body balance.
- **Empowering participants with positive mindsets**, helping them to understand how to break through any limitations and start fostering closer collaboration with colleagues.

Our specialist coaching system uses the science-backed **Neurozone®** framework



*Trusted by some of the most successful companies in the world and utilised by the MIT executive management program since 2016. The method blends neuroscience, analytics, systems thinking and consulting to create personalised and transformative experiences.*

Ready to unlock success with neuro-science?  
Get in touch to discuss how we can help:

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Or find out more by visiting:  
**engageandprosper.com**